K.T.R.WOMEN'S COLLEGE, GUDIVADA

REPORT OF THE CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES

5.1.3 GUIDENCE FOR COMPETITIVE EXAMS

College has a career guidance cell .Career guidance and counseling programmes aim to provide assistance and advice to students to make them more powerful and better informed so that they can become architects in building their own feature ,It helps the students realize their strengths and weakness by instilling self awareness, decision making skills, planning skills, personality development etc.

Career guidance cell provides information related to magazines and journals, local newspapers about competitive exams .Guest lecturers were arranged by eminent people to help college students. Career guidance and placement cell provides audio visual facilities also. Trainers visited our institution regularly to guide our students to achieve in different competitive exams.



CAREER COUNSELLING:

Career guidance cell of college disseminates information of higher education CET exams and competitive exams notification for jobs. Conducts awareness classes to students, displays notifications on boards. Invites people from different fields to give lecturers on personality development, career opportunities etc.



SOFT SKILL DEVELOPMENT:

Soft skills can include social graces, communication abilities ,language skills, personal habits ,emotional empathy, time management, team work and leadership traits ,adoptability and research skills etc. Classes are arranged during out of college hours. Soft skill development centre was sanctioned by APSSDC and a skill development lab was established in the college in 2017-18.



REMEDIAL COACHING:

College is maintaining regular remedial coaching classes during out of college hours by concerned lecturers for slow learners. During these classes special attention will be paid to each student. Periodical tests are conducted these instruction classes help slow learners to improve their basic skill and help them to catch up to their peers. In these classes topics are covered step by step without skipping over content. Lecturers offer regular reviews and practice exercises to reinforce learning.

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YOGA:

Yoga is a discipline to improve or develop one's inherent power in a balanced manner. It offers the means to attain complete self-realization. It is a philosophy, a passion and a way of life for many of those involved in yoga. Yoga has been proven to increase health and body awareness allowing yoga participants to better control their bodies.

"EVERY YEAR THE COLLEGE CELEBRATES 'WORLD YOGA DAY' ON 21 St JUNE"

College conducted yoga classes by a trained teacher Sri. Yoga mithra Srinivas. Also invited trained gurus from Hrishikeh. The eight steps of yoga ,Yama, Niyama, Aasana, Pranayama, Pratyahar, Dhyana, Dharana, and Samadhi.



PERSONAL COUNSELLING:

This institution collects data of the students to offer proper counseling so as to make them upgraded in the academic as well as career matters through the following strategy. The college has introduced the ward counseling system for the counseling of the students .At the commencement of each year, the students are given ward counseling sheets where in they record their personal and family data.

The counseling sheet takes in the number of teacher-parent meets, the teacherstudent meets. This makes a platform to now about the grievances and problems of each student by the teachers. The students are given suitable counseling at various levels. The grievances are properly attended and appropriate remedies are recommended by their proctors.

The mentoring and monitoring system has been a productive practice in this institution. It is also a platform to the students in clearing their problems to the most possible extent.

K.T.R WOMEN'S COLLEGE-GUDIVADA PERSONAL COUNSELLING-WARD COUNSELLING FOR THE ACADEMIC YEAR 2017-18

	I DEGREE	
B.Sc MPC &	- 1, 2, 34,	
Computers	- 10,11,20 to 34	- 21 Nos - K.G. (Mat)
CBZ	- 40 to 53, 54 to 62	- 21 Nos - V.S. (Z)
B.A.	- 70 to 87	- 18 Nos - P.N.A.
B.Com	- 100 to 125	- 26 Nos - B.V.R.
	II DEGREE	
B.Sc MPC-TM	- 1,2,4 to 8, 18 to 33	- 21 Nos - SGK
CBZ	- 43 to 59	- 12 Nos - M.G. (Bot)
B.A.	- 70 to 75, 77 to 84	- 12 Nos - K.V.L. (His)
B.Com	- 95 to 99, 101 to 112	- 17 Nos - PSSV
1 4 4 24	III DEGREE	
B.Sc MPC-TM	- 1 to 13	-13 Nos - T.K.S.
MPC-EM	- 24 to 35	
8		
CBZ	- 46,49, 52, 53, 55 to 58, t	61, 61 - 18 Nos - K.S.
B.A.	- 74, 75, 77, 78, 79, 81, 82	2, 84 to 86
		- 10 Nos - K.V.L. (E)
B.Com	- 96 to 100, 101, 105, 106	, 107, 109, 110 to 114, 116, 118,
	120, 123, 125 to 130	